



## Termine Fortführung

18.07.2020  
**Pferd statt Couch** (Worblingen)  
www.ipth.de

18.07.-19.07.2020  
**Bewegendes Miteinander auf Augenhöhe** (Bissendorf)  
www.dkthr.de

18.07.-19.07.2020  
**Bodenarbeit in der reitpädagogischen Arbeit mit Kindern** (Bissendorf) www.ipth.de

19.07.-21.07.2020  
**Vorbereitungstage für ÜL Integratives Reiten** (Weikersdorf am Steinfelde) www.oktr.at

## English Abstracts

**Psychological and social effects of horse-assisted interventions in children: A systematic review**

What psychological and social effects of horse-assisted interventions for children can be identified from existing studies? This question is answered by a systematic methodical approach, whereby the results of 25 studies (peer-reviewed, starting in 2004) are examined in more detail. Several studies are investigating the effects on autism or ADHD. In addition to changes in symptoms, the influence on behavior, social skills, self-regulation, quality of life, depression and stress was examined. Four

studies follow a qualitative approach and many quantitative studies have a weak research design. So far it is difficult to make general statements, but the number of studies points to the positive development of the research field.

**Keywords:** literature review, equine-assisted intervention, children, autism, ADHD, social and emotional support, mental social emotional effects

## Anzeigen

### Hunde helfen heilen

3., durchgesehene Auflage 2020. 239 Seiten. Innenteil vierfarbig. (978-3-497-02915-0) kt

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www.reinhardt-verlag.de

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